



Bob Harms

Inducted 2018

(Plaque #214)

In the fall of 1968, Coach Bob Harms started his coaching and teaching career at Lander Valley High School (LVHS). He and his wife Connie moved to Lander in the summer of 1968 after Bob graduated from the University of Northern Colorado. Coach Harms was the Assistant Football (defensive line and special teams) coach for LVHS from 1968 until 2004 when he retired from football and started assisting with the cross-country program.

Coach Harms was an Assistant Boys' Track Coach (jumping, sprints, hurdles and pole vault) from 1968-1978. In 1972, he started the Indoor Track program at LVHS. In 1979, he became the Head Boys' Track Coach. In 1992, he was asked to take over the Girls' Track program. He had many reservations about coaching girls since he never had. However, he learned quickly that the girls worked just as hard as the boys, complained less, and were just as competitive.

During his time as the Head Boys' and Girls' Track coach, Bob has achieved the following:

- Five State Championships; (girls 2000, 2001), (boys 2003, 2004, 2005).**
- Three Runner Up State Championships; 1997, 2006 and 2008.**
- Seven Regional Championship Titles.**
- 65 Individual State Champions and 21 State Championship relay teams.**

Most of all he earned the love and respect of the countless athletes he coached over the years and earned the prestigious honor of being called "Harmsie" by all who love him.