



2021 Wyoming Coaches' Foundation Annual Summer Coaches Clinic

Ramkota Hotel
Casper, Wyoming

Fundamentals of Coaching

July 18

Care & Prevention of Athletic Injuries

July 19, 20, 21

Theory of Coaching

July 22-23

Super Saturday - All-Star Games

July 24

Register at:

www.wcaonline.net

Wednesday, July 21st - 2:00 pm

WCF Golf Tournament

Three Crowns Golf Course

There is a \$60/person entry fee

May sign up as an individual or a team of 4

Teams/Individuals may sign up the day of the event or by contacting Heath Hayes

Thursday, July 22nd - 6:30 pm

WCF Downs - Horse Races & Social

Ramkota Hotel - Ballroom

Sponsored by:



Friday, July 23rd - 7:00 pm

Hall of Fame & Coach of the Year Banquet

Ramkota Hotel - Ballroom

Saturday, July 24th

Super Saturday - All-Star Games

Casper College

1:00 - Volleyball

3:00 - Girls' Basketball

5:00 - Boys' Basketball

MileSplit



Experience With Proven Results



General PTSB and UW credit info for Wyoming Coaching Foundation Clinic

A coach may receive PTSB **OR** UW credit – not both – for the same part(s) of the clinic. The coach **MUST** attend all sessions, and complete all required paperwork to receive either type of credit. PTSB requirements are that there must be 7 contact hours for ½ hour credit.

The following is what is available during the clinic week:

****REMEMBER A PERSON MAY ONLY GET PTSB OR UW CREDIT, NOT BOTH, FOR EACH CLASS****

You may enroll in a **MAXIMUM** of two one-credit hour UW courses that are scheduled for July 20-23. In addition, you may choose to enroll in

KIN 5959-80C, Prevention and Care of Athletic Injuries, because it is scheduled for July 19-21.

| Class | PTSB | UW | Requirements |
|--|----------------|----------------------|---|
| Contact your Local District | | | |
| First Aid/CPR Not Being Offered Contact Local District for Certification | None Available | None Available | Contact local district. |
| Sunday – July 18 | | | |
| Fundamentals of Coaching (\$85) Registration (10:00 am) – Class (11:00 am - 6:00 pm) | ½ (Free) | 1 (\$50/hr.) | Attend session and stay entire time. Sign attendance sheet (PTSB) or submit coursework as per syllabus (UW). An additional 4 hours of on-line coursework required for UW credit. |
| Monday, Tuesday, and Wednesday – July 19, 20, 21 | | | |
| Care and Prevention of Athletic Injuries (\$135) Registration and Check-in 8:00 AM July 19th Monday—Tuesday (9:00 am—6:00 PM) Wednesday (9:00 am—12:00 pm) | 2 (Free) | 2 (\$50/hr.) 1 | Attend ALL sessions and stay entire time. Sign attendance sheet (PTSB) or submit coursework as per syllabus (UW). |
| Thursday, Friday – July 22, 23 | | | |
| Theory of Coaching Classes (\$100) Registration 7:30 am – Clinic (9:00 am - 5:00 pm) | 1 (Free) | 1 (\$50/hr.) | Attend ALL sessions (including the General Sessions) and stay entire time. Sign attendance sheet (PTSB) or submit coursework as per syllabus (UW). |
| WCA Membership | | | |
| \$50 Good for one year (July 1st to June 31st). WCA membership not required to attend clinic. Go to the WCA website: www.wcaonline.net to register for membership and/or clinic classes. | | | |

For any and all questions regarding Head or Assistant Coaching Endorsements/Permits please visit the Professional Teaching Standards Board (PTSB) at wyomingptsb.com to obtain current information.

The WCA/WCF would like to thank the following sponsors:



Thursday, July 22nd 2021

Introduction 9:00 – 10:00 am

Session #1 General Session 10:00 – 11:00 am

Bill Curry

Football-Life Marked Off In 100 Yards

Session #2 Breakout Session 11:10-12:00 am

| | | |
|--------------|---------------------------------|---|
| BB | Dalton Gym and Classroom | Using Data and Analytics to Improve Your Team Stu Mullins-- Lander High School |
| CC | Central Ballroom | Characteristics of a Good Coach Sean Wilde |
| FB | Wyo Theatre | Tight End Skills and Drills Shannon Moore-TE's Coach University of Wyoming |
| GO | Alcova | Cody High School Golf Jacob Kraft (Cody High School Golf Coach) |
| JH/MS | North Ballroom | Importance of a Good Warm-up Routine-Drills and Practices Paul Jimenez (NCHS) |
| SB | Seminole | History of the Game- International and WY Softball Kaycee Prevedel-Former Collegiate and International Pitcher |
| SK | Guest Room 1 | USSA |
| SO | Guest Room 3 | Rules Meeting / All Star Soccer Meeting Mike Sauers |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Spirits | Tennis Coaches Meeting Norm Sedig |
| TR | South Ballroom | Hurdle Panel - Open discussion for beginner to advanced coaching Karen Colling (NCHS) Ryan Mader (Buffalo HS) Tanner Kelting (Thunder Basin High School) |
| VB | Remington's | VB Coaches Meeting Angela Sweep |
| WR | Teton | Who We Are: Introductions Dave Edington |

Lunch (WCA Business Meeting) 12:10-1:00 pm

Session #3 General Session 1:00-2:00 pm

Dr. Tiffany Jones

X-Factor Performance

Session #4 Breakout Session 2:10-3:00 pm

| | | |
|--------------|---------------------------------|---|
| BB | Dalton Gym and Classroom | Gerald Mattinson and UW Staff |
| CC | Central Ballroom | Building a Cross Country Team Culture Nick Ekel ICC |
| FB | Wyo Theatre | Building a Winning Culture Through the "Count on Me" System Drew Thatcher-Offensive Coordinator University of Nebraska-Kearney |
| GO | Alcova | PGA Instruction Andrew Baley |
| JH/MS | North Ballroom | Fundamentals of MS/Jr. High soccer Jeff Fierro (Stevens HS in Rapid City, SD) |
| SB | Crossroads Field | Homerun Hitting Stephen Swazo (Head Coach at Trinidad State) |
| SK | Guest Room 1 | Gareth Traynor |
| SO | NCHS Field | USSE 11v11 Grassroots Coaching Course David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park Courts | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | KWHS | First Day Pole Vault Progression and Coaching Assessment for Beginners Scott Shaffer (Cody High School) |
| VB | CAC Gym | Running an Effective Practice Scott Keister--NWCC |
| WR | Teton | Establishing a Culture Dave Edington |

Session #5 Breakout Session 3:05-4:00 pm

| | | |
|--------------|---------------------------------|---|
| BB | Dalton Gym and Classroom | Gerald Mattinson and UW Staff |
| CC | Central Ballroom | Rules Meeting –Sean Wilde |
| FB | Wyo Theatre | Power Option Scheme-Keep the Defense on Their Toes by Changing the Read Drew Thatcher-Offensive Coordinator (University of Nebraska-Kearney) |
| GO | Three Crowns | PGA Instruction Andrew Baley |
| JH/MS | North Ballroom | Developing a Successful Program Heath Hayes (KWHS) |
| SB | Crossroads Field #3 | Baserunning/Bunting Kaycee Prevedel (Former Collegiate and International Pitcher) |
| SK | Guest Room 1 | — OPEN — |
| SO | NCHS Field | USSF 11v11 Grassroots Coaching Course David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park Courts | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | KWHS | First Day Pole Vault Progression and Coaching Assessment for Beginner Scott Shaffer (Cody High School) |
| VB | CAC Gym | What College Coaches Want in a College Athlete Scott Keister---NWCC |
| WR | Teton | Coaches Responsibilities Dave Edington |

Session #6 Breakout Session 4:05-5:00 pm

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|--------------|---------------------------------|--|
| BB | Dalton Gym and Classroom | Gerald Mattinson and UW Staff |
| CC | Central Ballroom | Creating a Mid Distance and Long Distance Training Program for Multisport Athletes Nick Ekel ICCC |
| FB | Wyo Theatre | Pressure and Pass Rush Philosophy through a 3-4 Defensive Scheme Levi Gallas-Defensive Coordinator (University of Nebraska-Kearney) |
| GO | Alcova | Golf Coaches Meeting Jacob Kraft |
| JH/MS | North Ballroom | Track and Field Sprints and Relays Jeff Fierro (Stevens HS in Rapid City, SD) |
| SB | Crossroads Field #3 | Defense- Drills Luke Andrews (LHS Head Coach) |
| SK | Guest Room 1 | — OPEN — |
| SO | NCHS Class 1 | USSF 11v11 Grassroots Coaching Course David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park Courts | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | Throws Keith Vance (UCCS) |
| VB | CAC Gym | Individual and Team Defense Bill Thompson |
| WR | Teton | Rules and Officiating Dave Edington |

Friday July 23, 2021

Session #7 General Session 8:30 – 9:30

Uzma Samadani

“Risk vs. Reward for Youth and High School Sports”

Session #8 Breakout Session 9:40 – 10:30 am

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|-------|--------------------------|--|
| BB | Dalton Gym and Classroom | Execution in Special Situations Barry Hecker (former NBA coach) |
| CC | Central Ballroom | Cultural Components of Cross Country Scott Dahlberg |
| FB | Wyo Theatre | Running Back Development Robert Sales-Running Backs Coach (South Dakota School Mines) |
| GO | Three Crowns | PGA Instruction Andrew Bailey |
| JH/MS | CAC Gym | Coaching Young Kids in the Greatest Game (Volleyball) Taffy Micheli |
| SB | Seminole | Youth Softball in Wyoming Stacey Pearson (Youth Softball Advocate) |
| SK | Guest Room 1 | —OPEN— |
| SO | NCIS Field | Systems of Play, Player Roles and Responsibilities, Game Management Strategy. David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | Throws Keith Vance (UCCS) |
| VB | CAC Gym | Coaching Young Kids in the Greatest Game Part 1 Taffy Micheli |
| WR | Teton | Girls Wrestling Dave Edington |

Session #9 Breakout Session 10:30 – 11:30 am

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|-------|--------------------------|--|
| BB | Dalton Gym and Classroom | Teaching the Fundamentals of Shooting @ Gym Barry Hecker (former NBA coach) |
| CC | Central Ballroom | Sean Wilde Periodization and Training Cycles |
| FB | Wyo Theatre | Developing a Program Charlie Flohr-Head Football Coach (South Dakota School of Mines) |
| GO | Three Crowns | PGA Instruction Andrew Bailey |
| JH/MS | North Ballroom | Sports Injuries and Prevention Chelsie Johnson (KWHS) |
| SB | Seminole | Coaching Philosophy- Team Logistics, Parent Meeting Luke Andrews |
| SK | Guest Room 1 | —OPEN— |
| SO | NCIS Field | Systems of Play, Player Roles and Responsibilities, Game Management Strategy. David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | High Jump Dillion Schrodt (UCCS) |
| VB | CAC Gym | Coaching Young Kids in the Greatest Game Part 2 Taffy Micheli |
| WR | Teton | Opportunities for Wrestlers and Coaches Dave Edington |

Lunch 11:30-12:00

Session #10 – General Session 12:00-1:00

Dr. Trevor Gessel —Casper Orthopedics

“New Treatments for Soft Tissue Injuries”

Session #11 Breakout Session 1:05-2:00 pm

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|--------------|---------------------------------|--|
| BB | Dalton Gym and Classroom | Liz Lewis/Janie Rayback-- Gillette College Purposeful and Compleitive Practice Planning |
| CC | Central Ballroom | Training at Altitude Scott Dahlberg |
| FB | Wyo Theatre | Simplifying Run Fits Clint Sasse-Defensive Coordinator (Chadron St. College) |
| GO | Alcova | Colorado Golf Rules Association Greg |
| JH/MS | North Ballroom | Basic Taping Techniques of Sports Injuries Chellsie Johnson (KWHs) |
| SB | Crossroads Field #3 | 5 Step Power Pitch Kaycee Prevedel (Former Collegiate and International Pitcher) |
| SK | Guest Room 1 | —OPEN— |
| SO | NCHS Field | Developing Individual Decision Making, Skill and Technique. David Hayes |
| SW | Natrona | Train Ugly (Growth Mindset) Trevor Regan |
| TN | Washington Park | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | Multi-Events Dillion Schrodt (UCCS) |
| VB | CAC Gym | Taking Down Goliath Keith Fransik |
| WR | Teton | Styles of Wrestling Dave Edington |

Session #12 Breakout Session 2:05– 3:00 pm

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|--------------|---------------------------------|--|
| BB | Dalton Gym and Classroom | Liz Lewis/Janie Rayback-- Gillette College Youth Development: Success Starts Here |
| CC | Central Ballroom | Sean Wilde Race Preparation |
| FB | Wyo Theatre | Building Your Passing Game Around 4 Verticals Micah Smith-Offensive Coordinator (Chadron St. College) |
| GO | Alcova | Colorado Golf Rules Association Greg |
| JH/MS | North Ballroom | Basketball Ball Handling Drills and Full Court Offense Paul Jimenez (NCHS) |
| SB | Crossroads Field #3 | Catching Blair Amoine (GRHS Heach Coach) |
| SK | Guest Room 1 | —OPEN— |
| SO | NCHS Field | Goalkeeping David Hayes |
| SW | Natrona | Rules Clinic Shawna Morgan |
| TN | Washington Park Courts | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | MileSplit Alonso Rodriguez |
| VB | CAC Gym | Technology in Coaching VB Diana Tims |
| WR | Teton | Practices and Scheduling Dave Edington |

| Session #13 Breakout Session 3:05-4:00 pm | | |
|--|------------------|---|
| BB | North Ballroom | The First Ten Practices-Setting the Tone for Your Season Aaron Abel- Worland High School |
| CC | Central Ballroom | Q and A Scott Dahlberg |
| FB | Wyo Theatre | Annual Coaches Rules Test Trevor Wilson-Wyoming High School Athletic Association |
| GO | Alcova | Colorado Golf Rules Association Greg |
| JH/MS | North Ballroom | Round Table Questions/Discussions Barnett/Robb |
| SB | Seminole | 2022 WY Softball Season Planning |
| SK | Guest Room 1 | —OPEN— |
| SO | NCHS Class 1 | Rules Meeting / All Star Soccer Meeting Mike Sauers |
| SW | Natrona | Rules Test Shawna Morgan |
| TN | Washington Park | Erica Medlin University of Wyoming Cowgirls' Assistant |
| TR | South Ballroom | Coaches Meeting/WHSAA Tom, Ballard, & Sarah |
| VB | CAC Gym | Rules Clinic Kathy Hamer-Smith |
| WR | Teton | Where Do We Go From Here Dave Edington |
| Session #14 General Session 4:05 – 5:00 pm | | |
| Mike Moor—Z Winning Mindset | | |
| “Developing the Predator Mindset” | | |



Experience With Proven Results

LTI Courses – WCF CLINIC

All Classes in the Pathfinder Room unless noted otherwise

Wednesday 21st, 2021

| <u>Session</u> | <u>Time</u> | <u>Topic</u> |
|----------------|-------------|---|
| #1 | 8:00-12:00 | LTI 706 “Coaching Coaches to be Leader and Educators” |

Thursday 22nd, 2021

| <u>Session</u> | <u>Time</u> | <u>Topic</u> |
|----------------|-------------|---|
| #2 | 8:00-10:00 | LTI 501 “Guiding Foundations and Philosophies for Athletic Administrators |
| | 1:00-3:00 | LTI 501 “Guiding Foundations and Philosophies for Athletic Administrators |

Friday 23rd, 2021

| <u>Session</u> | <u>Time</u> | <u>Topic</u> |
|----------------|-------------|--|
| #3 | 8:00-12:00 | LTI 726 “Student Leadership Development” |

